

INSTRUCTOR**Nancy Marin**
OTR/L, C-NDT, IYT

Learn the mind/body connections of Yoga and NDT!

This course will focus on utilizing Yoga and NDT techniques for children with neurological and/or developmental challenges. Learn how the two theories overlap, through lecture, video and lab participation in performing poses, making adaptations for all levels/abilities.



- Postures to consider based on diagnosis for alerting, strengthening, elongating, and increasing bilateral integration
- Postures to avoid based on diagnosis for safety, alignment of the body, neck, circulation and respiration
- Core principles of yoga and yoga therapy
- Benefits of yoga and how it relates to the principles of NDT
- Basic principles of NDT
- Preparing the body prior to performing yoga poses
- Using the breath when moving in/out of poses

Registration

Early* Regular

Individual \$190^{ea} \$210^{ea}Group 2-4 \$180^{ea} \$200^{ea}Group 5+ \$170^{ea} \$190^{ea}

*Early = one month prior to course

Sign In
8:00 amCourse Time
8:30 am - 4:30 pm**YOGA BENEFITS FOR CHILDREN,
ESPECIALLY THOSE WITH SPECIAL NEEDS:**

- Develop physical strength & flexibility
- Increase active/passive range of motion
- Enhance balance and focus
- Increase bilateral integration and crossing midline
- Improve concentration
- Reduce hyperactivity
- Cultivate confidence & self-esteem
- Enhance self-control & relaxation
- Increase cognitive & motor skills
- Relieve/decrease stress

SUMMER/FALL 2019

DATE	CITY/VENUE	CONTACT
August 23 Friday	Pittsburgh, PA Double Tree by Hilton Hotel Pittsburgh Airport	(412) 329-1400 Hotel Block Rate - \$119
September 21 Saturday	Charlotte, NC Courtyard by Marriott Charlotte Airport North	(704) 319-9900 Hotel Block Rate - \$114
November 1 Friday	Gulf Breeze, FL CIAO Studios	(850) 916-8886 Hotel Block Rate - N/A
December 6 Friday	Dallas, TX Embassy Suites by Hilton Dallas DFW Airport South	(972) 790-0093 Hotel Block Rate - \$129
CIAO Seminars is unable to assist in third-party hotel booking/cancellations. Hotel locations are subject to change. Please refer to website or confirm with office before booking room.		

CEUs 0.65 (6.5 hours) OT/COTAs, SLP/SLPAs, PT/PTAs

- Check website for up-to-date CEU information.
- Participants will receive CEU certificates at the course.
- Learning outcomes will be assessed through hands-on labs Q & A and Self-Assessment on the Course Evaluation form.
- In compliance with professional boards, CEUs may be reduced or withheld from any participant arriving after the course begins or leaving prior to the course completion.

REGISTER Online, Fax or Phone**CIAOSeminars.com****F (850) 916-8885****P 1-888-909-CIAO (2426)**

GO WITH THE FLOW: *Adaptive Yoga for Children with Neurological Differences*

Summer/Fall
2019

OT/COTAs, SLP/SLPAs, PT/PTAs



Save the Therapists!



77 Bay Bridge Dr.
Gulf Breeze, Florida 32561

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Course Improvement and Advancement Opportunities is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 0.65 ASHA CEUs (Intermediate level, Professional area).



The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.



Meets PDU requirements for NBCOT.

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