



COVID-19 Health and Safety Policy for the VitalStim/DINES Specialty Certificate Program

CIAO has recognized the need to balance the health and safety of our participants, instructors, and employees with the importance of being able to provide patients with the skilled treatments they deserve. This policy was created specifically for the VitalStim/DINES Specialty Certificate Program which requires in-person competency evaluations.

As we work together to mitigate the spread of COVID-19, it is important that we all respond responsibly. We assure you that we will always treat your private health and personal data with high confidentiality and sensitivity.

CIAO's Protective Action (Includes Instructors')

1. Each participant and instructor will be screened with a touchless thermometer prior to entering the meeting space.
2. The registration desk will be "pen-less." We ask each participant to bring a pen and a pencil for the written exam.
3. Masks will be worn for the entirety of the event.
4. Extra gloves will be provided for participants and instructors.
5. Hand Sanitizer will be provided for participants.
6. Participants will sit at a safe distance until lab time is necessary. Following each lab, participants will return to their seats.
7. Participants will maintain the same partner for each lab.
8. We will be temporarily eliminating the facial placement lab.
9. There will be no instructor/participant contact during lab competencies.
10. Electrodes will not be shared (as usual).
11. Units will be disinfected before the course, between each lab and after each lab.
12. CIAO will post the course site (facility/property) COVID-19 policy on the website for participants.
13. CIAO will require employees, instructors, and participants to be symptom free prior to the event.

Participants' Protective Action

1. Participants will stay home if they are sick!
2. Participants will bring their own masks. (Face shields are welcome!)
3. Participants will bring their own pen.
4. Participants will bring their own pencil (for the written exam).
5. Participants will bring at least 3 pair of gloves.
6. Participants will wash/sanitize their hands after using the restroom, before eating and if they cough/sneeze into their hands.
7. Participants will sign a "risk informed consent" notice verifying they are symptom free.
8. Participants will sign a waiver of liability and hold harmless agreement prior to attending.
9. Participants are asked to cough/sneeze into their sleeve, preferably into their elbow.
If they use a tissue, we ask that they discard it properly and clean/sanitize their hands.
10. Participants should avoid touching their face, particularly eyes, nose, and mouth with their hands.
11. Should any participant develop symptoms within 14 days following the course, the participant will notify CIAO.

The following risk levels are adapted from information provided by the CDC and may be helpful in developing a safety program for your team.



High	Living in the same household as, being an intimate partner of, or providing care in a nonhealthcare setting (such as a home) for a person with symptomatic laboratory-confirmed COVID-19 infection without using recommended precautions for home care and home isolation
Medium	Living in the same household as a person with symptomatic laboratory-confirmed COVID-19 infection while consistently using recommended precautions for home care and home isolation
Low	Being in the same indoor environment (e.g., a classroom, a hospital waiting room) as a person with symptomatic laboratory-confirmed COVID-19 for a prolonged period of time but not meeting the definition of close contact (6 ft)
No Identifiable Risk	Interactions with a person with symptomatic laboratory-confirmed COVID-19 infection that do not meet any of the high-, medium- or low-risk conditions above, such as walking by the person or being briefly in the same room
No Identifiable Risk	Interactions with a person without symptoms in an area where community transmission of COVID-19 is occurring
Virtually No Risk	Interaction with a person without symptoms in an area where cases are identified but community transmission of COVID-19 is not occurring
Virtually No Risk	Interaction with a person in an area where no cases of COVID-19 have been diagnosed

This policy is meant to provide extra precaution guidelines for this specific event and should be used as a reference. Participants should refer to relevant local, state or federal laws for a complete safety guide.